



Arbor Place

Brendelwood Village

Deer Ridge

Greenwood Terrace

Highland Park

Oakwood

The Manor

The Woodlands

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Editor

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METH-WICK
COMMUNITY

LIFE AS IT SHOULD BE

Life

AT METH-WICK

December Holiday Program Highlights!

Holiday Choral and Tone Chime Concert

We are thrilled that the Meth-Wick Chorus and Tone Chimes will be performing again on Wednesday, December 14. Please join us for one of their two concerts in Live. Laugh. Learn. Center. They will be performing at 10:30 a.m. and 2:00 p.m. **Please do NOT come to both concerts.** We want there to be room for everyone! If you would like to ride the bus to and from the concert, a shuttle will begin 45 minutes prior to show time. If you live in Highland Park or Brendelwood Village, please call The Manor front desk to make sure our shuttle comes to your living area. Otherwise, the bus will stop at Greenwood, Deer Ridge, and Oakwood.



Independent Living/Custom Care Light Ride



Please sign up at The Manor front desk if you'd like to take a ride around town to look at the holiday lights! We'll depart at 6:00 p.m. on Wednesday, December 14.

St. Paul's Carillonners Bell Choir

We are excited to have the St. Paul's UMC Carillonners Bell Choir back this year on Thursday, December 15. Join them in Live. Laugh. Learn. Center at 6:30 p.m. for a lovely night of music.

Christmas Piano Music with Betty Debban

Greenwood Terrace resident, Betty Debban, will be playing her Christmas program for us at 2:00 p.m. in Live. Laugh. Learn. Center on Tuesday, December 20. Come and join the fun as we celebrate the season!

Christmas Eve Service

A reminder that our Independent Living and Custom Care Christmas Eve Services will be held at 2:00 p.m. in Live. Laugh. Learn. Center on Saturday, December 24. **There will not be services on Christmas Day.**



The next issue of *Life at Meth-Wick* will be Friday, December 23. Information should be sent in writing to Eryn Cronbaugh through campus mail or e-mail at ecronbaugh@methwick.org by noon on Friday, Dec. 16.

Thank You

A “Big” Thank You, to all who called, sent treats and cards, on my 94th birthday. It made my day!
~Glenn Ebert

Thank you to everyone for the cards and kind words of sympathy for the passing of my wife, Shirley Rodgers. She passed two weeks before the 55th anniversary of our meeting on a blind date arranged by friends. We will miss her.
~Larry, Michelle, and family

I want to thank you for all the cards and other remembrances of June. They were genuinely helpful and deeply appreciated.
~Chuck Silliman

Thanks to everyone who remembered my birthday and also the Get Well wishes after my recent hospital stay.
I’m glad to be back at The Manor!
~Ethel Baker

Welcome~

Virginia Kuester moved into Arbor Place 728 on November 28. Virginia was born on a farm outside of Norway, IA. She graduated from Norway High School. Virginia worked just out of high school before marrying Gerrold Kuester on February 12, 1958. Gerrold worked as a banker. The couple had five children. Virginia raised their children, Maureen and Lisa of Cedar Rapids, Kris of Fairfax, Kevin and John, both of Watkins. Virginia has five grandchildren and six great grandchildren. Virginia is Catholic. She has been an active member in her community. She volunteered at Mercy Medical Center for over 25 years, was a lifelong volunteer of the Watkins Baseball Association, and a member of the Queen of Saints Altar and Rosary.

Mary McElroy is moving into Arbor Place 731 on December 12. She was born and raised in Creston, Iowa, and has lived there her entire life. Mary attended Creston High School and worked as a bookkeeper for several different businesses in town. Mary is Catholic and attends Holy Spirit Parish Church. She is a member of Catholic Daughters and a Member of the Creston Golf Club. Mary spent many years caring for her aging parents. Mary is excited to be moving to Meth-Wick to be near her sister (who also lives at Meth-Wick) and extended family!

Mary and Terry Myers are moving into Deer Ridge 152 on December 23. Mary was born and raised in Iowa City. She graduated from City High in 1962. Terry was born in Grinnell, IA. He was raised on a farm near Victor and graduated from Victor High School in 1957. Terry attended University of Iowa College of Pharmacy before changing his career path. Terry met Mary while visiting the Hamburg Inn during one of her shifts. The couple married in Iowa City on February 2, 1963. Terry worked as a lab tech at a flour mill in Davenport. Then he worked in quality assurance at Wilson’s Meat Packing. He worked as a lab supervisor for 27 years at Quaker prior to retiring. Mary worked as a bookkeeper at Iowa State Bank and then City Hall. Mary became a stay-at-home mom to two sons. She later returned to a variety of clerical jobs until retirement. She recently resigned from her position as HOA Treasurer where they lived.

Terry and Mary are members of Zion Lutheran Church. Their greatest accomplishments are being married for nearly sixty years and raising two great sons, Paul of West Des Moines and Michael of Norway. Terry was formally a member of the Bella Vista Men’s Chorus. He enjoys woodworking and has made a lot of the furniture in the couple’s home. Mary formerly was an active dancer. These days she enjoys playing cards.

A Reminder...

There has been an increase in respiratory infections including COVID, RSV, Influenza, etc. Please be aware of your symptoms, call your physician with concerns, and get tested as needed. Because of the increase in COVID transmission in Linn County, masking is **mandatory** for visitors and staff in our healthcare areas including Arbor Place, Custom Care, and The Woodlands.

As always, feel free to wear a mask if you’re more comfortable doing so in any situation, and wear a mask if you have any symptoms.

Program Updates:

By Eryn Cronbaugh (319-297-8620)
Director of Wellness and Recreation
Email: ecronbaugh@methwick.org

Carol Montag-Rescheduled/Brain Benders Canceled

Our vocal/guitar concert with Carol Montag was rescheduled for TODAY, Friday, December 9. Please join us at 2:30 p.m. in Live. Laugh. Learn. Center. This will be a shorter concert than originally planned, but should still be a lovely afternoon of music. Please note, Brain Benders has been canceled to accommodate this change in schedule.

Jim McDonough Concert Transportation

If you are signed up to ride the bus to the Jim McDonough concert on Saturday, December 10, the bus will depart at 1:30 p.m.

Meet Me in St. Louis

If you are signed up to ride the bus to the musical, "Meet Me in St. Louis", at Theatre Cedar Rapids on Sunday, December 11, the bus will depart at 1:30 p.m.

Bingo

Come and join us at 2:00 p.m. in Live. Laugh. Learn. Center on Monday, December 12 for our last BINGO game of the year!

Swamp Fox Book Review

If you're looking for a book to give as a gift, or maybe a book to read this winter, please come to our book review group. Swamp Fox Books will be here at 2:00 p.m. on Tuesday, December 13 in Live. Laugh. Learn. Center to show us new "reads"!



Czech Slovak Museum Presentation: Czech and Slovak Holiday Traditions

Please come to Live. Laugh. Learn. Center at 2:30 p.m. on Friday, December 16 to join Stefanie Kohn, Curator at the

National Czech and Slovak Museum and Library for a program about Czech and Slovak Holiday traditions. We look forward to seeing you there!

Movie/Popcorn: *The Noel Diary*

Our movie for Saturday, December 17 will be *The Noel Diary*. A man returns home on Christmas to settle his estranged mother's estate. Once there, he discovers a diary that may hold secrets to his own past and of a beautiful young woman on a mysterious journey of her own. The movie is rated TV-14, and runs 1 hour 39 minutes. Join us at 1:30 p.m. in Live. Laugh. Learn. Center.

Holiday Spectacular Transportation

If you are planning to ride the bus for the Orchestra Iowa Holiday Spectacular concert on Saturday, December 17, please confirm your ride with Eryn at ecronbaugh@methwick.org or 319-297-8620. This bus is currently full with a waiting list, so it's VERY important that you cancel if you are not going to ride as planned, and VERY important for you to confirm your ride.

Cookie Decorating

Join us at 2:00 p.m. on Monday, December 19 to decorate cookies together with Dining Services. We will gather in Live. Laugh. Learn. Center for fun and sweet treats!



Tech Time

As you get ready to gather for holiday times, be sure you are prepared to use your smart phone or tablet! Join us for Tech Time at 2:00 p.m. in Live. Laugh. Learn. Center on Wednesday, December 21. Please bring any passwords and fully charge your device.

Lunch Bunch: New Bo Market

Our lunch bunch outing on Thursday, December 22 will be to New Bo Market. Sign up at The Manor front desk. The bus departs at 11:15 a.m. Grab a meal from any of the vendors, and get any last-minute Christmas gifts you may need!

Movie/Popcorn: *It's a Wonderful Life*

On the year of its 75th anniversary, please join us for the classic movie, *It's a Wonderful Life*. We will show the movie at 2:00 p.m. on Friday, December 23 in Live. Laugh. Learn. Center.



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In Memory of:



Nancy J. Showalter

April 3, 1941-November 21,
2022

*Nancy moved to Meth-Wick in
December 2021.*

Janithe (Jan) E. Lewis

July 23, 1920-November 25, 2022

Jan moved to Meth-Wick in June 2004.

Philip (Phil) D. Ward

May 9, 1940-November 27, 2022

Phil moved to Meth-Wick in July 2014.

Cooking Class Lunches

Our Cooking Class Lunches for December will be held on Thursday, December 15 and Tuesday, December 27. Lunches will begin at 11:30 a.m. in Live. Laugh. Learn. Center. Sign up is required. **Sign-ups begin at 8:00 a.m. on Monday, December 12.**

No Tipping/Gifts!

This is a friendly reminder that employees are not allowed to accept tips or gifts at Meth-Wick, even during the holiday season.

Employees were each given a Christmas Reward on our employee platform, Cooleaf, last week that they can redeem for a gift card of their choosing. The gift cards are considered a “gift from the residents”.

Please don't put employees in a difficult place. Accepting a tip/gift is cause for termination.

Employee Recognition

Did an employee do something that was extra special? One way to recognize them is to ask their supervisor to recognize them on our employee recognition system, Cooleaf. The supervisor can recognize the employee (or group of employees), and reward them with points that go towards a gift card of the employee's choosing. If you don't know the employee's direct supervisor, you can also ask any member of the administrative team to award points to someone.