



Arbor Place

Brendelwood Village

Deer Ridge

Greenwood Terrace

Highland Park

Oakwood

The Manor

The Woodlands

Robin Mixdorf  
CEO

Brian Scott  
Board Chair

Eryn Cronbaugh  
Editor

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LIFE AS IT SHOULD BE

# Life

## AT METH-WICK

### Meth-Wick Staff Awarded for Longevity!

Every year, we are pleased to recognize employees who reach five-year milestones of employment with Meth-Wick. This year, we recognized 36 employees who reached the milestones of 5, 10, 15, 20, and 25 years of employment with Meth-Wick. Our group of employees who have been with Meth-Wick for 5 years is one of the biggest groups we've ever had. And, if you add all these years of experience together, you have 365 years! This kind of longevity is part of what makes Meth-Wick a great place to work and live. Please congratulate these employees when you see them, and thank them for their dedication!

#### 5 years

Kathy Beck, Woodlands RN  
Steve Bonnett, Compliance & Safety Dir.  
Diana Dalmeida, Woodlands CNA  
Megan Edgerly, Woodlands Housekeeper  
Jacob Hobson, Envr. Universal Worker  
Dave Monroe, Groundskeeper  
Hannah O'Brien, Fitness Assistant  
Samantha Ryan, MDS Coordinator  
Sandy Spinler, Laundry Aide

Patti Boge, Accounting Assistant  
Taylor Cahalan, Lead DR Server  
Crystal Dell, Dining Supervisor  
Nyamoh Flomo, AP Caregiver  
Bill Hornett, Painter  
Tabatha Morgan, CC CNA  
Cheryl Ramm, Hairstylist  
Dan Siglin, Painter

#### 10 years

Mike Andrews, Cook  
Katie Christensen, Director of Long Term Support & Services  
Angela Farr, Woodlands CNA  
Ezekiel Hermanstorfer, Envr. Universal Worker  
Doug Kirchen, Woodlands CNA  
Hellen McCue, Arbor Place CNA

Esther Behuhuma, WL RN  
Donna Hawthorn, Wknd Recept.  
Tina Lauderdale, RW Hskpr  
Donna Steel, Arbor Place CNA

#### 15 years

Brandi Barnard, Woodlands RN  
Caroline Nekola, Business Office Manager

Kris Miller, Recreation Therapist  
Karen Wilford, Dining Supervisor

#### 20 years

Sarah Misener, Woodlands LPN/CCDI Manager

#### 25 years

Penny Hearst, Woodlands Housekeeper  
Melissa Squires, Custom Care CNA

Shirleen Skersick, CC CNA  
Cathy Wheeler, Arbor Place CNA

The next issue of *Life at Meth-Wick* will be Friday, November 11. Information should be sent in writing to Eryn Cronbaugh through campus mail or e-mail at [ecronbaugh@methwick.org](mailto:ecronbaugh@methwick.org) by noon on Friday, Nov. 4.

### Thank You!!!

A huge THANK YOU to everyone who came to my 100<sup>th</sup> Birthday Party. Your thoughtfulness, the cards and all the flowers were much appreciated.

~Sally Hagerman

How do I adequately say 'Thank You' for all the loving work of my family and friends to help me celebrate Birthday 100? First of all, God has so richly blessed me with my loving family and friends from South Dakota, Wisconsin, and Iowa.

If you are in the neighborhood, stop in & see the wonderful picture boards that take me from birth to today. My room has butterfly balloons, etc. that grace it.

To help you through life with all the bumps in the road, some small-some big, turn in the Bible to read 2 passages that have helped me. Psalm 139 and Isaiah 40:31

My plan with the gifts that have been sent to Meth-Wick is to have a tree planted behind Greenwood where we lost our timber in the storm.

Thank you again, and God's Blessings on you and your family.

Sincerely,  
~Juanita Dennert

## Welcome

**Donna Jacobi** will be making her new home in Greenwood Terrace apartment A203 on November 1.

Donna was born in Randalia, Iowa, but grew up on a farm in Sumner. She has 6 children:

Dawn lives in Missouri, Diane lives in Mount Vernon and Arizona, Karen in Omaha, Tom in Wyoming, Tim in Oklahoma, and Mary in Arizona. She has 13 grandchildren and 8 great grandchildren.

Donna began working at The Meth-Wick Community as a housekeeper. She worked her way up the ladder and became the housekeeping supervisor. Meth-Wick did not have a Human Resources Program at that time, so Donna was given the opportunity to earn her Human Resources Degree from Kirkwood and started the Human Resources Program at Meth-Wick. Later in her employment, she became the manager of Ridgewoods as well as the Human Resources Director. She worked for a total of 26 years at The Meth-Wick Community retiring in 2008.

Donna is Catholic and a member of St. Patrick's Catholic Church in Cedar Rapids. She has a close-knit family and is very family focused. She also enjoys reading and spending time outside tending to her flowers.

### Meth-Wick Chorus/Tone Chimes Resume!

The Meth-Wick Chorus and Tone Chime group is back together to perform two Christmas concerts on Wednesday, December 14th. The concerts are well attended and very fun.



John and Karen Wagner are directors of the groups. They are looking for additional people to join each group. The music for both groups is easy and fun. You will be provided the music and folders. The Chorus performs seated. Those in the Tone Chime group can also sit, if needed. There will be eight morning weekday practices during November and December. You are invited to be a part of two very special groups.

To learn more or to join, please email John at [john@wagnerjk.com](mailto:john@wagnerjk.com) for the Chorus or Karen at [karen@wagnerjk.com](mailto:karen@wagnerjk.com) for the Tone Chimes.

As a reminder, you are welcome to wear a mask while singing, and we remind everyone that **if you do not feel well at all, please do not come to rehearsals**. We are excited for this opportunity to return, and want to do our best to keep everyone as healthy as possible in the process.

### You're Invited!

To say 'Thank You', to everyone at Meth-Wick, we are inviting Meth-Wick Residents and Staff to an Open House!

Friday, November 4

1:00 p.m.-4:00 p.m.

Greenwood Dining Room and A202

You have all helped us get here and settled in. We are feeling so welcomed. Join us for light snacks, drinks and a look at our new "digs"!

Please come join us!!

~Wally Horn and Phyllis Peterson

## **Program Updates:**

**By Eryn Cronbaugh (319-297-8620)**  
**Director of Wellness and Recreation**  
**Email: [ecronbaugh@methwick.org](mailto:ecronbaugh@methwick.org)**

### **Outing to The Stanley Art Museum**

If you're signed up for the outing today, Friday, October 28, the bus departs at 1:00 p.m.

### **Orchestra Iowa: *Jurassic Park***

If you are planning to ride the Meth-Wick bus for Orchestra Iowa's *Jurassic Park*, on Saturday, October 29, the bus will depart at 6:30 p.m. Please confirm your ride with Eryn.

### **Halloween Cookie Social**

Please join us on Monday, October 31 at 2:00 p.m. in Live. Laugh. Learn. Center for our casual cookie social. Feel free to wear a costume!

### **Prairie Patch Farm Llamas Visit**

On Tuesday, November 1, meet and greet the llamas from Prairie Patch Farm. We will gather in Grandon Courtyard or Live. Laugh. Learn. Center at The Manor depending on the weather, between 1:00-1:45 p.m.

### **Birthday Party**

If you were born in November, join us for cake, ice cream, and conversation on Wednesday, November 2 at 2:00 p.m. in **Hilltop Dining**.

### **Thursday Lunch Bunch Outing**

Our lunch bunch outing on Thurs., Nov. 3 will be to Chophouse Downtown. Sign up at The Manor front desk. The bus departs at 11:15 a.m.

### **Movie/Popcorn: *Mrs. Harris Goes to Paris***

Our movie for Saturday, November 5 will be *Mrs. Harris Goes to Paris*, a delightful tale about London housecleaner, Ada Harris, who thinks her lonely life might turn around if she can become the owner of a Christian Dior gown. Ada's irrepressible charm just might end up saving the whole House of Dior in this uplifting story of how an ordinary woman becomes an extraordinary inspiration by daring to follow her dreams. Gather at 1:30 p.m. in Live. Laugh. Learn. Center. The movie is rated PG and runs 1 hour 56 minutes.

### **Chamber Concert**

If you are planning to ride the bus for Orchestra Iowa's Chamber Concert on Saturday, November 5, please confirm your ride with Eryn. The bus will depart at 6:45 p.m.

### **Relax and Remember with Janet Lieb**

Join Janet Lieb, guitarist from Dubuque, on Monday, November 7. She will be singing familiar songs for us at 2:15 p.m. in Live. Laugh. Learn. Center. Come and enjoy the music together!

### **Election Day Bus**

Are you planning to vote in-person? If so, sign up at The Manor front desk for a ride. The bus will shuttle to and from the Northwest Recreation Center at 10:00 a.m. on Tuesday, November 8.

### **Swamp Fox Books**

Plan ahead for holiday gifts! If you want to learn about new books, please stop in Live. Laugh. Learn. Center at 2:00 p.m. on Tuesday, November 8 to meet with Swamp Fox Books.

### **Betty Debban Hymns**

Betty Debban is back to play for us at 2:00 p.m. in Live. Laugh. Learn. Center on Wednesday, November 9. Listen to arrangements and sing some hymns with her beautiful music.

### **Cooking Class Lunch**

Our Cooking Class Lunches for November will be on Thursday, November 10 and Tuesday, November 29. Please sign up at The Manor front desk beginning at 8:00 a.m. on Thursday, November 3. Lunches will begin at 11:30 a.m. in Live. Laugh. Learn. Center.

### **Veterans Breakfast**

Sodexo and the Wellness and Recreation Department are working together to provide a Veterans Day Breakfast Buffet on Friday, November 11. Join us between 7:00-9:00 a.m. in Hilltop Dining. Cost is \$11.95 per person, but Veterans eat FREE. The menu includes omelet's made-to-order, scrambled eggs, biscuits and gravy, bacon, sausage, hashbrown casserole, caramel rolls, fruit salad, juice and coffee. For reservations, please call 319-297-8621.





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**Kathleen “Kate” F. Hawkins**

January 19, 1934-October 13, 2022

*Kate moved to Meth-Wick in January of 2020.*

**Marlene J. Cleary**

February 1, 1935-October 13, 2022

*Marlene moved to Meth-Wick in June of 2018.*

**June M. Silliman**

September 21, 1932-October 14, 2022

*June moved to Meth-Wick in July of 2016.*

**Kathleen “Kathy” M. Hedlund**

June 27, 1930-October 18, 2022

*Kathy moved to Meth-Wick in February of 2020.*

**The Meth-Wick World Series: Battle of the Buildings**

All residents are welcome to our first World Series Championship! The game will be played on Friday, November 4 in Grandon Courtyard at 2:00 p.m. The game will be played in the Meth-Wick *In-Motion* Center if the weather is bad. No need to sign up, just show up on gameday! This game will feature the top two teams from the weeks leading up to the World Series.

**Wal Mart Shopping Outing**

If you’d like to go to Wal Mart for shopping, please sign up at The Manor front desk. The bus will depart at 1:00 p.m. on Wednesday, Nov. 9.

**Window Washers**

The window washers will be here on Wednesday, November 16, weather permitting. They’ll be on campus for 3-4 days starting at The Manor and working across campus. Please make sure your windows are closed during this time!