



Arbor Place

Brendelwood Village

Deer Ridge

Greenwood Terrace

Highland Park

Oakwood

The Manor

The Woodlands

Robin Mixdorf
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Board Chair

Eryn Cronbaugh
Editor

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LIFE AS IT SHOULD BE

Life

AT METH-WICK

Landscaping Updates

By Jay Podzimek, Landscaping Manager

Several residents have had questions recently about what is happening in the Landscaping Department around campus, so we thought we would answer some of the most frequently asked questions here!

Will the goats be here this year to graze on weeds?

The goats were put on the Wishlist, but have not been paid for at this time. For more information on the Wishlist, please contact Michelle Christophersen at 319-297-8618 or mchristophersen@methwick.org.

How many trees have been planted, and what kinds of trees are they?

Over 350 trees were planted last year, and approximately 100 more have been planted this year. There have been a variety of trees planted including: Oak, Maple, Elm, Tree Lilacs, Crabapples, Yellowwood, Hop Horn Beam, Sweet Gum, Black Gum, and European Alder.

Why is the pond so green right now?

The UV light was not operational earlier in the Spring. It was repaired in June, and it is working, but it is slow. Liquid algaecide was added recently, which helped, but there is a balance of how much to add without harming the fish. We will add more when enough time has passed from the initial application.

Hatchett's BBQ Food Truck Opportunity

We are excited to be bringing Hatchett's BBQ Food Truck to campus on Friday, August 19. The truck will be located at The Manor outside of Grandon Courtyard. They will have either pulled pork or chicken with your choice of side for \$12. Staff will have an opportunity to eat when the truck arrives around 10:30. **We**



ask that residents please wait until after staff breaks, but residents are welcome to come for a meal anytime between noon and 1:00 p.m. We look forward to seeing you there!

Catholic Communion to Resume

We are excited to welcome Father Dennis Miller from Saint Patrick's Catholic Church to Meth-Wick to resume Communion services on the 1st and 3rd Tuesdays of the month. We will begin on Tuesday, August 16, and will gather in the Chapel at 10:30 a.m. Please contact the Chaplains at 319-297-8622 or chaplains@methwick.org for any questions or additional information.

The next issue of *Life at Meth-Wick* will be Friday, August 26. Information should be in writing to Eryn Cronbaugh by noon on Friday, August 19. You can do so through campus mail or email at ecronbaugh@methwick.org

Thank you!

The sustenance afforded me by the prayers, the notes, and the calls during my recent long-term hospitalization was invaluable. I remain deeply moved by the warmth and friendship of the people of our Meth-Wick Community.

~Mary Ann Barry

On behalf of Geri Mollman's family, I wish to express our thanks. We appreciate all the loving care she got from the staff at Home and Health Services, The Woodlands, and Unity Point Hospice. Thank you all very much.

~Walt Mollman and Family

Happy Anniversary

70th Anniversary Card Shower!

Residents, Dick and Shirley Jennings, will be celebrating their 70th Wedding Anniversary on Sunday, August 21. Their family is celebrating with a card shower! Please send cards to the main Meth-Wick address, and we'll make sure to get them to the Jennings. Happy Anniversary!

Welcome!!

Sandy Stephens moved into Manor 135 on Friday, July 29. She was born in Cincinnati, OH and moved to northern Ohio around age nine. She graduated from Norwalk High School in 1959. Sandra attended Ohio University to earn her Bachelor's Degree. She worked at University Hospital in Cleveland in the research laboratory, and then started working as a Chemist at General Electric. After leaving GE, she moved to the Houston area.

Sandra married Michael Stephens. Mike worked as a PhD Geologist. The couple was married for nine years, before he passed away in May 2022. Sandra does not have any children.

Sandra does not have a religious affiliation. She used to enjoy knitting scarves, and currently enjoys doing puzzles like Sudoku, reading, watching television, walking, and playing cards.

Peg Moore moved into Manor 314 on August 8. She was born in Alma, AR, and married David Moore in 1956. They moved to Atlanta, GA. The couple has one son, Duane, of Wisconsin. Peg worked with the Associate State School Superintendent and the Chair of the Georgia State Senate Judiciary Committee. Peg moved to Cedar Rapids in 1969 for her husband's career. Peg worked as the Director of Linn County Association for Retarded Citizens (The ARC). She also worked for the University of Iowa's Anatomy Department Head and the Associate Dean for the College of Medicine, who later became the Anatomy Department Head. Before retiring, Peg managed a hotel gift shop and the Oak & More Store in Lindale Mall.

Peg was an active member in her community, serving on the Ely City Council, five local committees and boards, and the East Central Iowa Council of Governments. She was an active member of Immanuel Baptist Church, but now worships at Calvary Baptist Church. She is a lifetime member of St. Luke's Auxiliary and a Life Time Master Gardener. Peg has a love for traveling that has taken her to 13 countries and 48 states. She currently enjoys playing Bridge, cooking, gardening, attending concerts, and socializing with friends and family.

Barb Jensen is moving to Manor 221 in mid-August. Barb was born in Cedar Rapids and spent her early years in Peoria, IL, before moving back to Cedar Rapids in fifth grade. Barb graduated from Wilson High School in 1952. Barb worked at Kosek's Dime Store in high school. She then worked at Cedar Rapids Credit Bureau, Witwer Real Estate, and Collins Radio. Once her first child was born, she became a stay-at-home mom. When her children were grown, she returned to work as the manager at Swiss Pretzel.

Barb married John Jensen in 1954. John's family owned Jensen's Grocery. John worked at Rockwell for 41 years. Barb and John had four children, Jim of Lisbon, Sherrey of Cedar Rapids, Jerry of Cedar Rapids, and Nancy of Thornton, CO. Barb enjoys spending time with her children, grandchildren, and great grandchildren.

Barb is a Methodist. She is most proud of being a mother and grandmother. She enjoys gardening. She states she has been so busy managing her home that she has not had many hobbies. She is looking forward to relaxing and seeing what Meth-Wick has to offer.

Program Updates:

By Eryn Cronbaugh (319-297-8620)
Director of Wellness and Recreation
Email: ecronbaugh@methwick.org

Tech Time

Do you have a question about your smart phone or tablet? Come to Live. Laugh. Learn. Center at 2:30 p.m. TODAY, Friday, August 12, to get your questions answered!

Movie: *The Lost City*

If you are interested in the movie, *The Lost City*, please sign up at The Manor front desk. We will begin at 1:30 p.m. in Live. Laugh. Learn. Center on Monday, August 15. This movie features Sandra Bullock and Channing Tatum. Bullock plays a writer who is kidnapped by a villainous treasure hunter and needs to be rescued. The movie runs 1 hour and 52 minutes and is rated PG-13.

Brain Benders

It's time to stretch your brain again! Come to Brain Benders at 2:00 p.m. in Live. Laugh. Learn. Center on Tuesday, August 16 for fun!

Larry Jensen Piano Music

Unfortunately, Larry was not able to play for us last month, so we're happy to have him back on Wednesday, August 17 at 2:00 p.m. in Live. Laugh. Learn. Center. Come and enjoy Larry's piano music and feel free to bring your requests!

Thursday Lunch Bunch Outing—Lincoln Cafe

Our lunch bunch outing on Thursday, August 18 will be to Lincoln Café in Belle Plaine. Please sign up at The Manor front desk. The bus departs at 11:15 a.m. We are hoping that we may be able to stop by and see the sunflower fields as well on our trip!

Nutrition Connection

Join dietitian, Alicia Vance Aguiar, on Friday, August 19 for her monthly nutrition talk. She will meet with you at 2:30 p.m. in Live. Laugh. Learn. Center.

Book Club

Our monthly Book Club will meet on Monday, August 22 at 2:00 p.m. in Live. Laugh. Learn. Center. We will be discussing the book, *This Tender Land* by William Kent Kruger. All are welcome and invited to attend!

Cedar Rapids Museum of Art Free Outing

The Cedar Rapids Museum of Art has free admission this month. What better time to visit? We will depart at 1:00 p.m. on Tuesday, August 23. Exhibits include "Tomas and Charlie Lasansky: An Artistic Union", "Eve Drewelowe: Painting Her Way", "Abstract Ideas: Abstract Art from the Collection", and "Dick Pinney: Jack of All Trades", as well as all of the permanent collections. Please sign up at The Manor front desk.

Target

Please sign up at The Manor front desk if you'd like a ride to go shopping at Target on the Meth-Wick bus. The bus will depart at 1:00 p.m. on Wednesday, August 24.

Cycle Rides

If you would like to take a ride on the tandem cycle with a staff member, this is your opportunity! Please come to Grandon Courtyard between 2:00 and 3:00 p.m. on Wednesday, August 24. You'll need to sign a waiver and wear a helmet to ride, as well as your mask.

Thursday Lunch Bunch Outing—Millstream Brau Haus

Our lunch bunch outing for Thursday, August 25 will be to Millstream Brau Haus in Amana. Please sign up at The Manor front desk. The bus will depart at 11:15 a.m.

Root Beer Floats

Come to Grandon Courtyard between 2:00 and 3:00 p.m. on Friday, August 26 to enjoy a root beer float with friends! We will gather indoors in Live. Laugh. Learn. Center if the weather is inclement.





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In Memory of:

Mary A. Hoxworth

December 11, 1932-July 22, 2022

Mary moved to Meth-Wick in December of 2011.

Evalyn G. “Geri” Mollman

July 31, 1928-July 24, 2022

Geri moved to Meth-Wick in March of 2014.

Raymond G. Brown

February 2, 1930-July 26, 2022

Ray moved to Meth-Wick in December of 2019.

Arlene J. Boardman

November 29, 1928-July 27, 2022

Arlene moved to Meth-Wick in April of 2016.

Charles “Chuck” C. Nosley

July 7, 1931-August 3, 2022

Chuck moved to Meth-Wick in February of 2011.

Janette A. Benzing

May 22, 1939-August 7, 2022

Janette moved to Meth-Wick in February of 2022.

Rose D. Pudil

February 27, 1939-August 8, 2022

Rose moved to Meth-Wick in September of 2014.

Meth-Wick Has a Wishlist?

Yes, we do!

Contact Michelle Christophersen at 319-297-8618 or mchristophersen@methwick.or for more information.