



Arbor Place

Brendelwood Village

Deer Ridge

Greenwood Terrace

Highland Park

Oakwood

The Manor

The Woodlands

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*Editor*

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May 13,

2022

  
**METH-WICK**  
COMMUNITY

LIFE AS IT SHOULD BE

# Life

## AT METH-WICK

### Happy National Volunteer Week!

April 17-23 was National Volunteer Week. We are so fortunate to have dedicated and helpful volunteers on our Meth-Wick campus, even through all the challenges of the last few years. We decided to celebrate our volunteers this year by holding two Volunteer Recognition Socials on Wednesday, April 20 and Thursday, April 21. The socials featured delicious hors d'oeuvres and beautiful harp music by Gretchen Brumwell.

Each year, we honor Star Volunteers. This year, we selected four volunteers who were given this Star Volunteer Award.

#### Stephanie Frantz



Stephanie has been a long time “Red Cap” driver, volunteer in Sally’s Gifts, and the volunteer scheduler for the gift shop. She also assisted with counting the offertory and reading scripture for Sunday services over the years. We are grateful for Stephanie’s dedicated service to others during this time.

#### Judy Grecian



Judy helps copy the bulletins for church, and is a great asset for clerical duties in the Chaplain’s office as well as *Life at Meth-Wick*. She also helps a great deal in Sally’s Gifts marking and organizing merchandise, and working the desk in the gift shop. Thanks to Judy for the many ways she helps around campus!

#### Joyce Robison



Joyce is responsible for many of the beautiful flowers and “extra” landscaping on campus. She cares for the pots and areas in front of Deer Ridge, as well as the Garden Patio off the back of the first floor areas at The Manor with beautiful annuals and perennials. We’re so grateful that her “play” benefits our campus with so much beauty!

#### Judy Workman



Judy spends her time buying items, making spreadsheets, and managing all the ins and outs of purchasing, selling, and communicating regarding Sally’s Gifts. She also finds time to drive the “Red Cap” regularly. We are grateful for all the organized work Judy puts in to making Sally’s Gifts a benefit for all residents.

All our volunteers are “Stars”! Thank you for your continued dedication, and over 6305 (recorded) hours of services over the last 12 months.

The next issue of *Life at Meth-Wick* will be Friday, May 27. Information should be in writing to Eryn Cronbaugh by noon on Friday, May 20. You can do so through campus mail or email at [ecronbaugh@methwick.org](mailto:ecronbaugh@methwick.org)

### ***Thank You!***

A heartfelt thank you to the Meth-Wick family that made my 85<sup>th</sup> birthday so great with all the cards, hugs, phone calls, and well-wishes.

This is certainly one birthday I will remember. It was topped off by eating that delicious meal at The Manor on my Easter Sunday birthday. The Sodexo people did a fabulous job of cooking and serving it. Thank you all so very much.

*Blessings,  
Ted Smyth*

Many thanks to all of my Meth-Wick friends who remembered my birthday last month. The many beautiful cards and in-person wishes made my birthday extra special.

It's great to live on a campus with so many caring people!

*Blessings to all,  
Nancy Meyn, Deer Ridge*

Thanks to all my friends here at Meth-Wick who sent me cards celebrating my 101<sup>st</sup> birthday. They were all deeply appreciated! Thank you!

*Barbara Hughes  
Deer Ridge*

### ***Welcome To Meth-Wick!***

**Leona Hotchkiss** moved into Manor 231 on Tuesday, May 3. She was born in Keokuk County, Iowa. After earning her GED, Leona attended beauty School in Ottumwa. She worked as a beautician at Paris Salon in Cedar Rapids and Kingston Hill Retirement Home for Women. Leona then became a homemaker and raised her three children. She later worked in retail part-time at a local department store.

Leona married Robert Hotchkiss on March 27, 1951. Robert worked for Quaker Oats. The couple had three children: Sharon Telich of Omaha, NE, Shelley Vogel of Fairmont, MN, and Kevin Hotchkiss of Sioux City, IA. Leona has six grandchildren and six great grandchildren.

Leona is a member of St. Matthew's Catholic Church. She used to be an avid bowler, and these days, she enjoys playing 500, Dominoes, Scrabble, crossword and jigsaw puzzles.

### **Absentee Ballot Request Drive**

Would you like assistance **requesting** an Absentee Ballot for the June 7 Primary Election? Meth-Wick resident, Myrna Loehrlein, with the League of Women Voters will offer assistance completing your Absentee Ballot Request Form on Wednesday, May 18 as follows: 9:00-10:00 a.m. Deer Ridge Lobby, 10:15-11:15 a.m. Greenwood Terrace Lobby, 11:30 a.m.-12:30 The Manor Key Club, 12:45-1:15 p.m. Oakwood Lounge.

### **Thank You, Continued...**

The family of Donald and Grace Nau thanks all of the staff who provided support for our parents at Greenwood Terrace, The Manor, and The Woodlands over the many years they lived at Meth-Wick. My parents always commented that they made a good decision coming to Meth-Wick. Our father passed away on March 31 at 95 years old. He received wonderful care and we are forever grateful.

*Scott and Jackie Nau  
Brad and Leona Nau  
Julie and David Perez*

Sincere thanks to everyone who sent well wishes with cards, phone calls, visits and flowers during my recent hospitalization. I do enjoy all of my Meth-Wick friends.

*Sharon Peters*

During the past three months your kindness, love, and support have been a blessing to our family as we remember and honor John.

*Thank you,  
Nancy Skogsbergh, Susan and Jim*

Thank you to Brendelwood resident, Karen Wagner, for the beautiful, and thoughtful May Day cards she made for all residents and staff. They were cheerful, and a great addition to the day! We appreciate all your work and effort!

*Meth-Wick Residents and Staff*

## **Program Updates:**

**By Eryn Cronbaugh (319-297-8620)**  
**Director of Wellness and Recreation**  
**Email: [ecronbaugh@methwick.org](mailto:ecronbaugh@methwick.org)**

### **Cooking Class Lunches**

Our first Cooking Class Lunch of May will be TODAY, Friday, May 13 in Live. Laugh. Learn. Center. Lunch begins at 11:30 a.m. The second lunch of May will be held on Thursday, May 26.  
**\*\*Please make sure you've signed up at The Manor front desk.**

### **Relax and Remember with Janet Lieb**

Janet plays guitar and sings and will join us at 2:15 p.m. in Live. Laugh. Learn. Center on Monday, May 16, for her "Relax and Remember" session. **\*\*Sign up at The Manor front desk.**

### **Ray Blue**

Acclaimed jazz musician, Ray Blue, will be back this year during his national tour to play for us. We are thrilled he is willing to join us here at Meth-Wick again! He will be playing at 2:30 p.m. in Live. Laugh. Learn. Center on Tuesday, May 17.  
**\*\*Please sign up at The Manor front desk.**

### **Jack Thompson-British and US Naval History**

Our very own resident, Jack Thompson, will be bringing us a unique and fun program with artifacts and Naval history. He has done this program for 30 years for the National Park Service and is happy to be able to share with us here at Meth-Wick! This program will be Wednesday, May 18, at 2:00 p.m. in Live. Laugh. Learn. Center.  
**\*\*Please sign up at The Manor front desk.**

### **Zeppelin's Lunch Outing-May 19**

Our next lunch outing will be to Zeppelin's on Thursday, May 19. If you would like to join us, **please sign up at The Manor front desk.** The bus will depart at 11:15 a.m.

### **Shakespeare Garden**

Learn more about the history of the Shakespeare Garden in Ellis Park. as well as the coming revitalization of the garden on Friday, May 20 at 2:30 p.m. in Live. Laugh. Learn. Center!

Guest speakers will be Sylvia Popelka and Al Pierson, members of the Friends of the Shakespeare Garden. After their program, they will ask attendees to complete a short response card to provide citizen input to the city about the garden.

**\*\*Please note, this is different than the originally scheduled program on your calendar. It will take the place of the Trivia Slideshow Games program.**

### **Masterworks**

The last Masterworks concert is Saturday, May 21. The bus departs at 6:30 p.m. Confirm your ride with Eryn at 319-297-8620 or via e-mail.

### **Brain Benders**

Challenge your brain and test your skills on Monday, May 23 for our Brain Benders group. We will meet at 2:00 p.m. in L. L. L. Center.

### **Movie/Popcorn: CODA (Repeat)**

Our movie Tuesday, May 24 will be a repeat of the Oscar-winning movie, CODA. The movie will begin at 1:30 p.m. in Live. Laugh. Learn. Center. **\*\*Please sign up at The Manor.**

### **CRCO Quartet**

The Cedar Rapids Community Orchestra is a local orchestral group that is happy to be bringing a small ensemble to play for us on Wednesday, May 25 at 2:00 p.m. in Live. Laugh. Learn. Center.  
**\*\*Please sign up at The Manor front desk.**

### **Nutrition Connection: Intuitive Eating**

Do you want to improve or understand your relationship with food? Intuitive Eating is non-diet approach to eating that rejects the diet mentality by making peace with food, honoring your hunger and resisting the "food police" mentality. We will be holding an informational session on Friday, May 27 in Live. Laugh. Learn. Center. at 2:30 p.m. to introduce these concepts and more.

### **Lunch Outing Minimum—Seven**

A reminder that we have a minimum for lunch outings of seven people for the trip to go. We will cancel outings by noon the day before the trip if less than seven are signed up. We will notify people individually if this happens.



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**In Memory:**

**Thomas F. Dunlap**

August 1, 1948 – April 30, 2022

*Thomas moved to Meth-Wick in April of 2022.*

**Terry R. Lamb**

June 27, 1933-May 7, 2022

*Terry moved to Meth-Wick in June of 2016.*

**Memorial Service for Mary Stearns**

Monday, June 6, at 10:00 a.m.

First Presbyterian Church, Marion

**Resident/Staff Golf Challenge!!**

Put your golf skills to the test in this miniature golf style challenge. Let's see if residents can out-putt staff! There will be a single hole putting challenge during the week of May 16<sup>th</sup> and an across-campus challenge on May 20<sup>th</sup>. Be on the lookout for more information in your campus mail and on the displays.



**Manor Cocktail Club**

Call Drew at 319-297-8632 to reserve your spot for the Manor Cocktail Club on Thursday, May 19, 2022 at 3:30 p.m. in The Key Club. We'll enjoy fresh strawberry margaritas, guacamole, salsa, and tortilla chips. Cost is \$15.00.

**Save the Date: M&M Scholars—Dr. Joe Hendryx**

Our next M&M Scholars event will be on Tuesday, May 31 at 2:00 p.m. in Live. Laugh. Learn. Center with Dr. Joe Hendryx. Watch for more information in the next newsletter!

**Be on the Alert for Scams!**

We have received reports of many scams going around via phone and e-mail. One e-mail scam states that "AOL is closing its old version of e-mail, and you will be deactivated." This is not true. Make sure to check the validity of the sender, and if something sounds too good to be true, it probably is. We will look into programming about how to be alert and avoid scams in the future.