



Arbor Place

Brendelwood Village

Deer Ridge

Greenwood Terrace

Highland Park

Oakwood

The Manor

The Woodlands

Robin Mixdorf
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**METH-WICK**
COMMUNITY

LIFE AS IT SHOULD BE

Life AT METH-WICK

2nd Booster Shot Clinic

Main Healthcare Pharmacy will be on campus May 2nd and 3rd to administer the second Pfizer COVID booster shot that is now available to individuals 50 years of age or older.

We will be using the following schedule:

- **Monday, May 2nd**
9:00-12:00 Boosters to be given in our healthcare areas—
Woodlands, Arbor Place, and Custom Care
12:00-3:00 Boosters to be given for employees and Manor residents
in Live. Laugh. Learn. Center
- **Tuesday, May 3rd**
9:00-3:00 Boosters to be given for Brendelwood Village, Deer
Ridge, Greenwood Terrace, Highland Park, and Oakwood residents in
Live. Laugh. Learn. Center.

Information sheets regarding the vaccine are available at The Manor front desk.

You should bring the following to the clinic with you: Medicare card, supplemental insurance card, COVID Vaccine Card. If you are uninsured, please bring your driver's license card.

Please contact Robin Mixdorf at rmixdorf@methwick.org or 319-297-8601 with any questions.

Pendant/Stay Safe Button Checks

Home and Health Services will be offering in-person checks of your pendants/Stay Safe buttons. Please drop in on the following dates:

- **Tuesday, May 3rd & Wednesday, May 4th** The Manor & Oakwood
1:00-3:00 p.m. in The Toussaint Conference Room.
- **Tuesday, May 10th & Wednesday, May 11th** Greenwood Terrace &
Brendelwood Village from 1:00-3:00 p.m. in the Greenwood Lobby.
- **Tuesday, May 17th and Thursday, May 19th** Deer Ridge and
Highland Park from 1:00-3:00 p.m. in the Governor's Room.

The next issue of *Life at Meth-Wick* will be Friday, May 13. Information should be in writing to Eryn Cronbaugh by noon on Friday, May 6. You can do so through campus mail or email at ecronbaugh@methwick.org

Thank You!

Thanks to everyone who remembered my birthday. So many cards, calls, hugs, and the big smiles. 97 years are wonderful. Never been there before and enjoying every day that I am given.

Mabel Pata

We send our kindest praises to The Manor & Woodlands staff, cooks, nurses, CNA's & residents for the loving, tender, care and companionship-including numerous activities-provided for our Mom-ODESSA STOUT'S -(& Dad-DON'S) enjoyment over the last 14 years. Odessa passed peacefully, March 16, 2022.

You extended her social life into 101 pleasant years, making many memories & the community her new home. Especially with BINGO, ice cream socials, SKIP-BO, and bus trips.

*Our Love & Peace to
Everyone, Dick & Vicki
Dillon and Richard & Nancy
Stout*

Welcome!!

Carol McGrath will be making her new home in The Manor 210 in early May. Carol was born in Dubuque, IA, and she was one of ten children. She grew up in East Dubuque, IL and graduated from Wahlert High School in 1970. She attended school at St. Luke's and Coe College and became a Registered Nurse. Carol worked as an ICU nurse at St. Luke's Hospital for over 40 years.

Carol has two children, Scott of Cedar Rapids and Beth of Dubuque. Carol has one grandson and many nieces and nephews. Carol states her greatest accomplishments were being an actively involved mother to her two children and having a career as a nurse for over 40 years. Carol is an active member of St. Jude Catholic Church in Cedar Rapids. She has helped with several church organized events, such as visits to local hospitals, food drives, funeral dinners, and was a CCD teacher to middle school and high school aged children for about 20 years. Carol was also a Reading Buddy at Harrison; however, this was placed on hold due to the pandemic. Carol enjoys socializing, walking, gardening, crafts, quilting, and baking. Carol is looking to have more opportunity to socialize once she moves to Meth-Wick.

HyVee Receipts Report

The Meth-Wick Community residents contributed \$213,619.00 in HyVee receipts for Harrison School. In return, the HyVee stores gave the school a check for \$1068.00 For every \$200 in receipts, the school receives \$1.00. Harrison School is so appreciative of your effort to provide them with extra funds for projects that otherwise could not be offered to students.

Keep up the good work by dropping off your receipts at the front desk of your building or send them to Betty Debban at Greenwood Terrace #B103 through campus mail. All HyVee grocery, pharmacy, or gas receipts count. Thank you for your effort.

Thank You, Continued...

Thank you for the birthday cards!

Joyce Schreder

Thank you to everyone for the 105 congratulation cards we received and to those who came to our 60th anniversary reception. It was a wonderful event with family and friends.

*Dave and Bev Hannon
Deer Ridge #156*

Program Updates:

By Eryn Cronbaugh (319-297-8620)
Director of Wellness and Recreation
Email: ecronbaugh@methwick.org

Movie/Popcorn: *CODA*

Our movie TODAY, Friday, April 22 will be the Oscar-winning movie, CODA. The movie will begin at 1:30 p.m. in Live. Laugh. Learn. Center. ****Due to the popularity of the movie, a sign up was required. Please cancel your reservation at The Manor front desk ASAP if you are not able to attend.**

Orchestra Iowa Masterworks

Our next Masterworks concert is Saturday, April 23. The bus will depart at 6:30 p.m. Please confirm your ride with Eryn at 319-297-8620 or via e-mail at ecronbaugh@methwick.org if you plan to ride the bus.

Book Club

Join us for Book Club on Monday, April 25 at 2:00 p.m. in Live. Laugh. Learn. Center. We will be discussing the current book, *Interior Chinatown* by Charles Yu. We'll also be handing out the next book to read!



Trivia Slideshow Games

It's time to challenge your brain and test your trivia knowledge! Come to Live. Laugh. Learn. Center at 2:00 p.m. on Tuesday, April 26 to try the game with your friends and neighbors!

Kubb Yard Game

Our next game of Kubb (the yard game mix of bowling and horseshoes) will be held at 2:00 p.m. on Wednesday, April 27. Please join us to play (or cheer on your friends) in Live. Laugh. Learn. Center!

May Birthday Party

Our May birthday party will be held on Wednesday, May 4, at 2:00 p.m. in Live. Laugh. Learn. Center. If you have a May birthday, join us to enjoy cake, ice cream, and fun conversation with your neighbors.

Tommy's Lunch Outing-May 5

We are excited to return to our Thursday lunch outings again beginning on Thursday, May 5. If you would like to join us, please sign up at The Manor front desk. The bus will depart at 11:15 a.m. and will go to Tommy's Restaurant.

Tech Time

Do you have a question about your smart phone or tablet? Stop in to Tech Time at 2:00 p.m. in Live. Laugh. Learn. Center for assistance on Friday, May 6!

Orchestra Iowa Pops Concert

The last Pops Concert of the season will be held on Saturday, May 7. The bus will depart at 6:30 p.m. Please confirm your ride with Eryn via e-mail at ecronbaugh@methwick.org or at 319-297-8620 or if you plan to ride the bus.

Bingo

We will be playing our May BINGO game at 2:00 p.m. in Live. Laugh. Learn. Center. Join us on Monday, May 9, for the fun! Sign up at The Manor front desk!

Swamp Fox Book Review

Our next time with Swamp Fox Books is Tuesday, May 10. Join us to learn what's new to read at 2:00 p.m. in Live. Laugh. Learn. Center!

Movie/Popcorn: *West Side Story*

Sign up at The Manor front desk to enjoy our next movie, *West Side Story* in Live. Laugh. Learn. Center on Wednesday, May 11. This new version of the classic is rated PG-13 and runs 2 hours and 36 minutes. Join us at 1:30 p.m.

Groundswell Lunch Outing—May 12

Sign up at The Manor front desk for our lunch outing to Groundswell Café on Thursday, May 12. We will depart at 11:15 a.m.



Meth-Wick “Marathon in a Month”

Join the “Marathon in a Month” challenge! It's simple! Just walk a total of at least 26.2 miles in the month of May!

You can accumulate your miles in whatever way you want to. For example, you could walk a mile on most days, or do 3 miles a couple of times a week. You can walk indoors, outdoors, or on a treadmill.

Want even more of a challenge? Try for an ultramarathon- 50 miles in the month of May.

All marathon finishers will receive a medal to commemorate the accomplishment!

Please contact Hannah to sign up or with any questions at hobrien@methwick.org or 297-8612 by April 25th.

After sign up, you will receive a calendar in campus mail to track your progress.

Fitness Excursions are back in 2022!

Our May Fitness Excursion is Camp Courageous on Monday, May 2nd. This year we will do the ZIPLINE! If you are interested, sign-up at The Manor front desk by Thursday April 28. Space will be limited to 16, so sign up early if you would like to attend.

Departure time will be 12:00 p.m. (please eat before we leave), and we will get back at approximately 4:30 p.m. Contact Kristin Van Dyke at 297-8612 or kvandyke@methwick.org with any questions or concerns.

****Note: This is an active adventure, so we recommend that individuals that participate are able to walk at least 1 mile.**

Red Cedar Chamber Music: Brinton Surprise

We are thrilled to have Red Cedar Chamber Music returning to Meth-Wick on Friday, April 29 at 2:00 p.m. in Live. Laugh. Learn. Center. They will be sharing the third in a series of programs featuring early silent films and magic lantern slides accompanied by chamber music. The core ensemble is joined by flutist, Claudia Anderson, and Guitarist, John Dowdall, in accompanying these rare films. Historian Michael Zahs will narrate the program.

Brinton Surprise is a multi-media extravaganza featuring magic lantern slides and early silent films from the Brinton collection of early entertainment materials. Michael Zahs, who rescued the collection from the garbage heap in 1981 and gifted the entire collection to the University of Iowa Special Collections, was the subject of the 2017 documentary, *Saving Brinton*. Red Cedar will reprise several commissioned works from previous programs and have commissioned three new works to accompany six more films from the collection.

This program should be extraordinarily special and interesting, and we would love to have you join us! Please sign up at The Manor front desk to attend.



Garden Plots

Are you interested in a garden plot this summer? If you would like a garden plot at The Manor, sign up at The Manor front desk with your name and contact number by Monday, May 2. We will send out a list for you to contact each other to determine plot sizes and locations.

If you are interested in a plot at Deer Ridge, please contact Sue Dostal at 319-640-1583. The garden areas will be tilled weather permitting, between May 2-15.

May Cooking Class Lunches

The dates for the Cooking Class Lunches in May will be:

- **Friday, May 13**
- **Thursday, May 26**

Lunches will begin at 11:30 a.m. in Live. Laugh. Learn. Center.

Sign-ups for the May Cooking Class Lunches will begin on **Thursday, May 5 at 8:00 a.m.** Please sign up at The Manor front desk.

HappyGrams

Are you looking for a special way to send a personalized message to a Meth-Wick resident? Try sending a HappyGram! You can include a picture, and your message will be delivered to the resident. Here's the link to the Meth-Wick HappyGram page: happygram.org/methwick. Send one for Mother's Day!

Gift Certificates

Did you know that you can purchase a Gift Certificate for a Meth-Wick resident? Just stop by The Manor front desk, and you can purchase a certificate for any amount, redeemable for Dining Services, The Salon, Bus Rides, Housekeeping Services, or Sally's Gifts! A great idea for Mother's Day!



Celebrate May 8!



These programs will be coming up in mid-May. Please save the date to sign up and attend! More information will be available in the next issue of Life at Meth-Wick.

- **Janet Lieb**

Janet plays guitar and sings and will join us at 2:15 p.m. in Live. Laugh. Learn. Center on Monday, May 16, for her "Relax and Remember" session.

- **Ray Blue**

Acclaimed jazz musician, Ray Blue, will be back this year during his national tour to play for us. We are thrilled he is willing to join us here at Meth-Wick again! He will be playing at 2:00 p.m. in Live. Laugh. Learn. Center on Tuesday, May 17.

- **Jack Thompson-British and US Naval History**

Our very own resident, Jack Thompson, will be bringing us a unique and fun program with artifacts and Naval history. He has done this program for 30 years for the National Park Service and is happy to be able to share with us here at Meth-Wick!

This program will be Wednesday, May 18, at 2:00 p.m. in Live. Laugh. Learn. Center.

Campus Concerns

With warmer weather coming (hopefully), we are starting to have more people walking through campus, occasional dogs running through campus, and more! If you see people or animals that you're concerned about on-campus, please call The Manor front desk. They will assist you with your concern by sending it to the appropriate staff member or agency.



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In Memoriam

Harley D. Donald

September 4, 1934 – April 5, 2022

Harley moved to Meth-Wick in April of 2021.

Carol Loesch

April 1, 1934-April 15, 2022

Carol moved to Meth-Wick in June of 2015.



Happy Birthday!

Marcella Husen will celebrate her 90th birthday by serving doughnuts in Manor Brew on April 30th from 9:00 a.m. to 10:30 a.m. Please join her!

Dining Services Special Events!

May 5th, 2022

Cinco De Mayo Celebration!

Hilltop Dining Room at The Manor will be celebrating with some delicious Mexican cuisine from 11:00 a.m.-1:00 p.m. We will be featuring a buffet with “Build your Own” Beef and Chicken Tacos, Joe’s Famous Seafood Enchiladas, Chips with Queso and Salsa, Tres Leche Cake and of course, Margaritas. For reservations, please call 319-297-8621 and leave a message.

May 8th, 2022

Mother’s Day

Hilltop Dining Room at The Manor will be making Mother's Day very special. We will have our Champagne Brunch from 10:30 a.m.-1:00 p.m. It includes Chef-Carved Ham, Salmon Florentine, made-to-order Omelets, Pancakes, and so much more. For reservations, please call 319-297-8621 and leave a message.