



Arbor Place

Brendelwood Village

Deer Ridge

Greenwood Terrace

Highland Park

Oakwood

The Manor

The Woodlands

Robin Mixdorf
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2022

Life

AT METH-WICK

Holy Week Schedule

By The Meth-Wick Chaplains

Chaplains Kristy and Terry are looking forward to celebrating the Passion and Resurrection of our Lord Jesus Christ!

We will begin with **Palm Sunday Services on April 10**. For those who wish to process in with the chaplain, we will meet in The Manor Lobby prior to the beginning of the 9:00 service. Chaplain Terry will pass out small crosses made from a palm branch for you to carry into the service.

The schedule for Holy Week is as follows:

- **Maundy Thursday Services on Thursday, April 14**
2:00 p.m. in Live. Laugh. Learn. Center at The Manor, with services at The Woodlands and Arbor Place held earlier in the day.
**Please sign up at The Manor front desk for the Independent Living services.
- **Good Friday Services on Friday, April 15**
2:00 p.m. Service in Live. Laugh. Learn. Center at The Manor.
**Please sign up at The Manor front desk.
- **Easter Sunday Services on Sunday, April 17**
7:00 a.m. Sunrise Service in Grandon Courtyard or The Manor Lobby (weather depending)
9:00 a.m. in Live. Laugh. Learn. Center at The Manor with services at The Woodlands and Arbor Place following.
**Please sign up at The Manor front desk for the Independent Living services.

Thank you to everyone who ordered Easter flowers to celebrate in each area. They have been ordered, and you may pick up yours after the Easter Sunday services if you would like to take it home.

Blessings to you all. May we prepare for the joy of new life in the risen Lord!



The next issue of *Life at Meth-Wick* will be Friday, April 22. Information should be in writing to Eryn Cronbaugh by noon on Friday, April 15. You can do so through campus mail or email at ecronbaugh@methwick.org

Thank You!

Dear Friends,

Many thanks to each and every one of you for making my 106th birthday special. There have been cards, calls, flowers, and good luck hugs to celebrate the occasion. Birthday 106 will be well remembered.

~Don Johnson

A heartfelt Thank You to the staff at Meth-Wick who assisted and cared for our mother during her 10 years at The Manor and the nearly 6 years she spent at The Woodlands Stewart Neighborhood until her recent passing. Your dedication and kindness were truly appreciated, and helped to make her life a little easier. Thank you for all the things you do.

~The Family of Lucy
Wittenmeyer



Louise McMaster moved to Oakwood 106 on March 31. Louise was born and raised in Decatur, IL. She grew up with two older siblings; a brother, Mark (deceased) and sister, Julia who resides with her family in Brooklyn, New York. Louise graduated from Quincy College in 1970 with a B.S. in Education. That summer Louise married Bob McMaster and moved to the Chicago area where Louise taught 4th grade in Flossmoor, IL. In 1972, the couple moved to Cedar Rapids where Bob took a teaching position at Mount Mercy and Louise taught fourth grade in the Linn-Mar School District. Bob and Louise had two children, Jason and Erin. They both reside in Cedar Rapids. While her children were young, Louise was a stay-at-home mom, volunteered in her children's school, helped start a Social Concerns group at St. Pius and in 1985 earned a B.S. Degree in Accounting from Mount Mercy. Louise then reentered the work force. She worked for Lease America/GE Capital in accounting and analytics for 20 years, retiring from GE in 2009. Louise was a caregiver for her husband Bob who had Parkinson's disease for 42 years. Bob passed away in 2018.

Louise has enjoyed being involved in the community. She volunteered as a lunch buddy through the Big Brothers-Big Sisters Program and currently volunteers at the Family Caregivers Center of Mercy. Among other things, Louise enjoys traveling, hiking, walking, reading, and puzzles. Louise is looking forward to joining The Meth-Wick Community.

Cindy Grieder will be making her new home at The Manor in mid-April. Cindy was born and raised in Cedar Rapids. Cindy graduated from Jefferson High School in 1966. She graduated from University of Iowa with a degree in textiles and clothing. Cindy worked at Evergreen Packaging selling repair parts for over 40 years. Cindy has one son, Jimmy, with her former husband. Jimmy lives in South Carolina, is married and has eight children.

Cindy has no religious affiliation, however, will sometimes attend services with friends. Cindy is most proud of raising her son, being a hard worker, and taking a late retirement. She has enjoyed reading, baking cookies, ceramics, and traveling throughout her life. She currently enjoys watching television, walking, and visiting with friends. Cindy has spent a lot of time at Bender Pool doing water aerobics, and is hoping to enjoy some pool time once she moves to Meth-Wick.

Resident E-mail List:

If you are a **resident** of Meth-Wick, and are not on the e-mail list we use for quick, on-campus communication, but would like to be, please let Eryn know.

Program Updates:

By Eryn Cronbaugh (319-297-8620)

Director of Wellness and Recreation

Email: ecronbaugh@methwick.org

Nutrition Connection

Please join Dietitian, Alicia Vance Aguiar today, Friday, April 8 at 2:30 p.m. in Live. Laugh. Learn. Center for our next Nutrition Connection. Her topic this month will be Anti-Inflammatory Foods.

BINGO

We look forward to our BINGO game together on Monday, April 11. Please sign up at The Manor front desk! Please be alert, we will begin earlier than normal at 1:00 p.m. this month, in Live. Laugh. Learn. Center.

Swamp Fox Books

Join us on Tuesday, April 12 for our monthly book talk with a representative from Swamp Fox Books. They are a local book store in Marion, and are pleased to bring a selection of recommendations with them each month. Stop in, and learn more at 2:00 p.m. in Live. Laugh. Learn. Center!

Cooking Class Lunch

Our cooking class lunches for April will be held on Wednesday, April 13 and Thursday, April 28. Sign ups began on Thursday, April 7 at 8:30 a.m. Chef Samantha will be demonstrating how to make Turkey Meatloaf Cupcakes with mashed potatoes and cranberry compote! Cost will be \$5 charged to your Meth-Wick bill. The program will begin at 11:30 a.m. in Live. Laugh. Learn. Center each date.

Brain Benders

It's time to stretch your brain and learn something new! Challenge your mind in a fun environment on Tuesday, April 19 in our Brain Benders group. Join Grace at 2:00 p.m. in Live. Laugh. Learn. Center.

Movie/Popcorn: CODA

Our movie for Friday, April 22 will be the Oscar-winning movie, CODA. As a CODA (Child of Deaf Adults), Ruby is the only hearing person in

her deaf family. The movie follows the family's story as they manage their family's fishing business, and Ruby's passion at Berklee College of Music.

The movie will begin at 1:30 p.m. in Live. Laugh. Learn. Center. The movie runs 1 hour and 51 minutes, and is rated PG-13.

****Due to the potential popularity of the movie, we will require a sign up. Please sign up at The Manor front desk.**

Orchestra Iowa Masterworks

Our next Masterworks concert is Saturday, April 23. Please confirm your ride with Eryn at 319-297-8620 or via e-mail at ecronbaugh@methwick.org if you plan to ride the bus. The bus will depart at 6:30 p.m.

Volunteer Recognition Socials

We are so grateful to our wonderful volunteers around campus! This year, we are excited to be able to meet in-person for an afternoon social. If you volunteer on-campus, and did not receive an invitation, but believe you should have, please contact Eryn. We never want to miss someone!

Volunteers from Greenwood Terrace, Brendelwood Village, The Manor, and The Woodlands will gather on the afternoon of Wednesday, April 20 while volunteers from Deer Ridge, Highland Park, Oakwood, and Off-Campus will gather on the afternoon of Thursday, April 21. If you received an invitation, please RSVP to Amy at 319-297-8606.

Primary Absentee Ballot Information

The Partisan Primaries, will be held on June 7, 2022. Voters will need to declare a party (Democrat or Republican) to participate in the primary. Primary winners move on to the November 8, 2022 General Election.

Linn County Elections Services is now accepting Absentee Ballot Request Forms for the Primary election. You may access a request form online, or by stopping by The Manor front desk. If you need to change your address, you should also complete the Registration form.

The last day to submit an Absentee Ballot Request form is May 23, 2022. Ballots will be mailed to those who requested a ballot beginning May 18, 2022. If you have questions, please contact Eryn.



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In Memoriam

Robert Moubry

November 3, 1932 – March 22, 2022
Bob moved to Meth-Wick in June of 2010

Donald Nau

January 24, 1927- March 31, 2022
Don moved to Meth-Wick in September of 2008

Channel 16 Changes

Channel 16 has been a source of programming throughout the pandemic. Since we can move back to more in-person programming, we will be changing our Channel 16 offerings.

We'll continue to show both Sunday church services, and evening concerts, but will change the rest of our programming to be mostly music, scenery, or live animal cameras throughout the day. If you have any concerns about these changes, please contact Eryn at 319-297-8620 or ecronbaugh@methwick.org.

Watercolor Classes to Begin

We started watercolor painting classes prior to the pandemic, and had to discontinue them. We are thrilled that we can re-start them again beginning Monday, April 18!

If you are interested, please come to The Creative Arts Room on Monday, April 18 at 1:00 p.m. Artist and instructor, Deb Weiser, will begin teaching. We will plan to meet on the first and third Mondays of each month at the same time and location.

Materials will be provided, but you are welcome to bring your own, if you would prefer. Cost for the class is \$15 for each class, billed to your Meth-Wick bill.

Please contact Eryn at 319-297-8620 or ecronbaugh@methwick.org with questions.

March Madness 2022 Bracket Challenge Winners:

Congratulations to Dan Ramaker, winner of the resident's Bracket Challenge, and Hannah O'Brien, winner of the staff Bracket Challenge!