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Brendelwood Village

Deer Ridge

Greenwood Terrace

Highland Park

Oakwood

The Manor

The Woodlands

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2022

**METH-WICK**  
COMMUNITY

LIFE AS IT SHOULD BE

# Life AT METH-WICK

## Is Getting Your Estate In Order One of Your New Year's Resolutions?

Get inspired to update or review your estate plan by attending Johni Hays' program on Thursday, January 20, in Live. Laugh. Learn. Center at 10:00 a.m. Johni has been "coaching" residents, board members, staff and waiting list individuals and couples at Meth-Wick for ten years. Over seventy-five individuals or couples have taken advantage of this complimentary service and completed the program. Others have met with Johni briefly just to ask questions or get clarification on an issue.

Below is a sample of responses from those who completed the program last fall.

Words from a Meth-Wick couple: *"It was extremely beneficial for us. We were able to get all the info needed to complete our estate planning. We appreciated all the help on this."*

From a Meth-Wick individual: *"I thought if I had a will, that's all I needed. Really learned a lot about how and why for estate planning. Very happy with what we accomplished. Thank You!"*

Quote from a priority list individual, *"Johni Hays is very knowledgeable. She explained everything well. I did not feel rushed. I appreciate her patience in answering all my questions and finding answers to questions (organizations) that were unique to me. She gave me time to consider and reconsider how I wanted my estate disbursed. It was nice to be reassured that my estate documents were in good order. I appreciate this valuable service Meth-Wick provides. It gave me peace of mind. Thank you!"*

Johni Hays, J.D. is Executive Vice President with Thompson & Associates, and their focus is estate planning. Johni and her husband live in the Des Moines area.

For us to feel comfortable providing donuts and coffee at this event – we are limiting the number of attendees to twenty-five. You may reserve a seat by calling the front desk or take your chances that morning.

Do you have questions on RMD from your IRA for 2022, or tax deduction questions? If you do, stop by the program on January 20 and ask Johni.

The next issue of *Life at Meth-Wick* will be Friday, January 28. Information should be in writing to Teresa Dusil Friday, January 21. You can do so through campus mail or email at [tjkdusil@methwick.org](mailto:tjkdusil@methwick.org)

## 2021 Tax Information

The health portion of the monthly fee that maybe considered at income tax time for independent living residents is \$16 per month per person or \$192 per year if you have lived at Meth-Wick all year. As always, we suggest you consult your tax advisor

## Come to Sally's Gifts for Winter Items

If you need something for winter, think about checking at Sally's Gifts. Now that Christmas items have been moved to storage, winter items are more visible and new things have gone on display. Snowmen décor of all sorts is available. There are socks, slippers, slipper socks, hats, ear warmers, gloves, and scarves to help keep you warm. There are also throws that can do the job! If you need cough drops, lip moisturizer, hand or body lotion, Sally's can help with those items.

If you did not look at derecho pens or wine stoppers for Christmas, you might think about that as a Valentine's Day gift for someone. After Valentine's Day, these items will be put away to make room for other merchandise.

*Welcome!*

**Donna Fugate** has made her new home at Deer Ridge condo 250.

Donna was born in Toledo, Iowa and grew up in Brooklyn, Iowa. Her family moved to Marion when she was a teenager and she graduated from Marion High School. She worked for United Fire and Casualty for a total of 44 years- starting as a file clerk and working her way up and retiring as an office services manager in January of 2006.

Donna states she has had a good life. Her first husband passed away after 9 years of marriage. She married again and was blessed with 26 years of marriage when he passed away in 2002. Donna has a son Tony who lives in Cedar Rapids and a stepdaughter Becky who resides in LeClaire. She has nine grandchildren, thirteen great grandchildren and five great-great grandchildren.

Donna is Lutheran and a very active member of Hope Lutheran Church in Cedar Rapids. She enjoys spending time volunteering. She also likes to exercise and cook.

## Thank You!

A very sincere "thank you" to my many friends that sent cards, treats and phone calls for my 92<sup>nd</sup> birthday. So nice to be remembered.

*Bless you! Joyce Loomis*

A big and grateful thank you for all the greetings for my birthday. This is a marvelous community.

Blessings all in the New Year!

*Audrey Elliott*

My heartfelt thanks to my Meth-Wick family and friends for all the caring support given to me following the passing of my daughter-in-law, Barbara Harker-Palmer. Your kind words of comfort, hugs, cards, and memorial gifts have meant so much to me and my family.

Special thanks to Custom Care staff for the wonderful care given Barb during the past nine months. Custom Care's wish list will benefit from many of the memorials given in her name. Barb would be happy with that, as she too, was grateful for her care.

*My sincere thanks,  
Nancy Meyn, Deer Ridge*

Thank you to all residents and staff for the Christmas greetings and for the remembrance of our anniversary and my birthday.

It is wonderful to be a part of such a caring community.

*Bob and Sandra Stepanek*

The family of Bea Entekin would like to thank everyone at Meth-Wick for the kindness and care given to our mother during the years she lived at Meth-Wick. The cards and donations in her memory are greatly appreciated. Thank you each and every one.

*Wendy Nemecek and Jena Hamilton*

## **Program Updates:**

**By Eryn Cronbaugh (297-8620)**

**Director of Wellness and Recreation**

**Email: [ecronbaugh@methwick.org](mailto:ecronbaugh@methwick.org)**

## **Giant Jenga**

Join us TODAY, Friday, January 14, at 2:00 p.m. in Live. Laugh. Learn. Center for a game of Giant Jenga! Challenge yourself, or your friends, and enjoy this fun game together.

## **Chamber Concert**

Are you planning to ride the bus for the January 15 Chamber Concert? If so, please confirm your ride with Eryn. Bus departs at 6:45 p.m.

## **Nutrition Connection**

Learn the latest on health options as we enter the new year with our Nutrition Connection program Tuesday, January 18. We will gather at 2:00 p.m. in Live. Laugh. Learn. Center.

## **Cedar Rapids Opera**

### **Theatre Movie and Talkback**

The Cedar Rapids Opera Theatre has recorded a 45-minute movie called *Goldie B. Locks and the Three Singing Bears*. This is an updated and operatic version of the classic fairy tale. The movie begins at 12:30 p.m. on Wednesday, January 19, and we will follow the movie with a live-Zoom talkback with the singers and actors beginning at 1:30 p.m. in Live. Laugh. Learn. Center.

This is a unique and fun opportunity you will not want to miss!

## **Meet the Coe President David Hayes**

Coe College has a new president, David Hayes, and he will be joining Coe alumni and friends at 1:30 p.m. in Live. Laugh. Learn. Center on Thursday, January 20, to introduce himself.

If you have a Coe connection or would just like to learn more about the new president, please sign up at The Manor front desk to attend this event.

## **Tech Time**

Are you ready to learn more about your new “smart” device? Bring your fully charged cell phone or tablet to Live. Laugh. Learn. Center at 2:00 p.m. on Friday, January 21 to learn more, and have your tech questions answered.

## **Opera Cancelled**

The Cedar Rapids Opera Theatre performance of *Così fan tutte* has been cancelled this season due to COVID. There is **NO** performance on Friday, January 21.

## **Book Club**

We have had an extra month to read our current book club book and look forward to meeting again! Join us at 2:00 p.m. on Monday, January 24 to discuss the current book and get the next one!

## **Movie & Popcorn...*Spencer***

Our movie for Tuesday, January 25 will be *Spencer* about Princess Diana. The movie is rated R, runs 1 hour 57 minutes, and begins at 1:30 p.m. in Live. Laugh. Learn. Center.

## ***Relax and Remember with Janet Lieb***

Enjoy music with guitarist, Janet Lieb, on Wednesday, January 26. Janet’s program is called *Relax and Remember*, and she plays a variety of music from the 40s to the 70s. She is coming from Dubuque, and we are glad to have her back! Join her at 2:00 p.m. in Live. Laugh. Learn. Center.

## **Cooking Class Lunch**

Our second cooking class lunch of the month will be held on Thursday, January 27. If you wish to participate, please sign up at The Manor front desk. The lunch is \$5 and will be added to your Meth-Wick bill. The program begins at 11:30 a.m. in Live. Laugh. Learn. Center.

## **Valentine’s Craft**

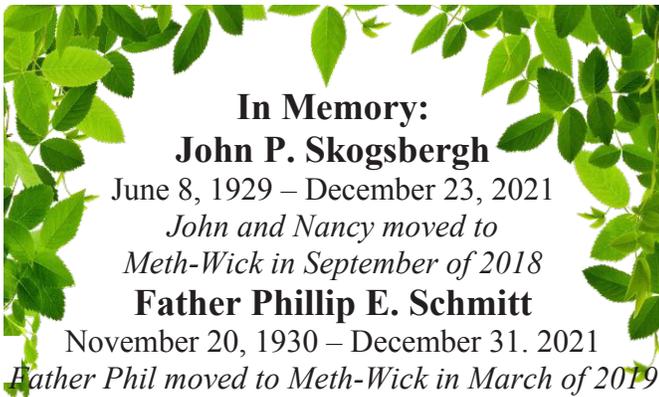
Get a head start on your Valentine decorating by making a pretty, floral wreath in Live. Laugh. Learn. Center at 2:00 p.m. on Friday, January 28. A sample will be available at The Manor front desk by January 21.



1224 13th Street NW  
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### **Sally's Gifts -- New Items**

If you are looking for cards or décor, Sally's Gifts will be offering merchandise painted by Pat Brand, who recently moved to Meth-Wick. Pat is an artist who paints on canvas, wood, shingles, and ironing boards—to mention a few surfaces. She paints cards and then has them printed for sale. Talk to Pat if you would like to commission a pet portrait.

### **3G Cellular Network Phase Out**

If you have an older cell phone, you may need to upgrade your device as mobile carriers and providers are starting to shut down their 3G networks. If your mobile device (including cell phones, tablets, smart watches, vehicle SOS services, security systems, and certain medical monitoring devices) operate on a 3G network, it is likely that over the next month to year, you will no longer have service, including the ability to call 911.

Different providers are implementing this change at various times, so the best course of action is to call, check the website, or communicate with your service provider to see what their plans are, and if your device will be affected.

**Monday,  
January 17, 2022**

