



Arbor Place

Brendelwood Village

Deer Ridge

Greenwood Terrace

Highland Park

Oakwood

The Manor

The Woodlands

**Robin Mixdorf**  
*President*

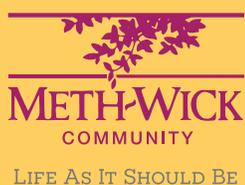
**Ruth Nebergall**  
*Board Chair*

**Teresa Dusil**  
*Editor*

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No. 21

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2021



# Life

## AT METH-WICK

### 60 Years Young Tomorrow!

It was November 13, 1961, when the first resident moved to Meth-Wick. In the earlier years, the day was celebrated in elegant fashion. As the organization grew getting everyone together in one place became impossible.

We had intended celebrating this milestone through our Legacy Month socials this year; however, they were postponed due to the uptick in the Covid cases in the area. We will schedule the 60<sup>th</sup> Anniversary Socials after the holidays.



- **Meth-Wick Historical Display Updated!**

For our 60<sup>th</sup> anniversary, our marketing firm, JW Morton, updated our impressive historical display near the front lobby of The Manor. Please stop and view the addition of Oakwood and more current photos of residents living, laughing, and learning. New to the display is a modern flip frame that replaces the television that featured a DVD. The flip frame is versatile and can easily be changed to reflect the seasons, holidays, latest information and more via an app.

- **Campus Flyer:**

A recap of the past year was going to be handed out at each Legacy Month Social. If your social was not held, you will get one in your mailbox next week.

### Nearly \$105,000 Raised in October

Legacy Month is over and thank you to the many, many donors who participated in our annual fundraiser. Wish list items were granted by fourteen donors totaling over \$15,800. The Arbor Place Restyle fund increased by almost \$47,000; Tree Restoration Fund grew by \$1425; Sears Methodist Fund grew by \$1035; Wick Endowment Fund added over \$11,500 and gifts to Woodlands Specialty Suites were a couple dollars shy of \$28,000.

The generosity of residents, family, friends, and employees help Meth-Wick fulfill its mission of providing a secure and caring living environment to those we serve as well as maintaining the dignity and enhancing the quality of life as they age. These gifts also enhance the working environment of employees and the ability for family and friends to enjoy visiting the campus.

Thank you everyone!

The next issue of *Life at Meth-Wick* will be Friday, November 26. Information should be in writing to Teresa Dusil Friday, November 19. You can do so through campus mail or email at [tjkdusil@methwick.org](mailto:tjkdusil@methwick.org)  
*Life at Meth-Wick* comes out on the 2<sup>nd</sup> and 4<sup>th</sup> Fridays of each month.



**It is a Birthday!  
Let us Celebrate!  
Gene Young, of Deer  
Ridge, turns 90!**

Meth-Wick residents are all invited to meet and greet and enjoy refreshments on Saturday, November 20 from 2:00-4:00 p.m. in Deer Ridge Dining Room.

***Come help him  
celebrate!***

*Covid restrictions in place.  
(Masks required.) No gifts  
please!*



We'd like to thank the entire community of Meth-Wick for the wonderful care and compassion shown to our mom, Mary Stearns, during the many years she lived here - from moving into Deer Ridge in 2008 three weeks before the flood, to the support she was given when our dad passed in 2013, to years spent at The Manor and Arbor Place, and finally, the last few days at The Woodlands. She may not have known many of you in her later years, but she still often told us "*what a wonderful place she lived in and how kind people were to her.*"

*Jane Upmeyer, Gail Stearns, & Nancy Martin*

***Thank you!***

We would like to thank our friends and neighbors who helped us celebrate our 50<sup>th</sup> Anniversary. You helped make our day very special.

*Jeri and Kevin Stodola*

Betty Scheible's family gives thanks to all the staff of Meth-Wick Community who knew and supported our Mother in the nearly 18 years that she made Meth-Wick her home. Each in their own way made certain that she lived in a safe and loving community, with particular note to Home and Health Services and the staff at the Woodlands, especially the Lynch Neighborhood.

And a special thank you to her Greenwood friends and neighbors for their cards and expressions of their love for our Mother.

*Ann Klovstad*

Thanks to everyone who sent a prayer for my recovery from Covid and for praying for everyone else with Covid. Thank you for the cards, phone calls and Happy Grams. All this made for a speedy recovery.

*Deloris Luse*

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**Thank You, Residents and Staff!**

Sally's Gifts just finished with the I.R.S.—Inventory Reduction Sale, and we appreciate all who looked and the many who made purchases. In the three-day sale, we had an increasing sales rate.

On the 50% day, sales were \$575.02

on the 60% day, sales were \$340.30 and

on the 70% day, sales were \$467.22

totaling \$1,382.54!

On the first day, 92 people came through the sale, on the second day it was 68 people, and on the final day it was too busy to keep count! Thank you to everyone who came whether you bought anything or not.

All unsold items were packed up and will be donated to Camp Courageous Garage Sale.

**Program Updates:**

By Eryn Cronbaugh (297-8620)

Director of Wellness and Recreation

Email: [ecronbaugh@methwick.org](mailto:ecronbaugh@methwick.org)

**Cooking Class Lunch—Rescheduled**

The Cooking Classes for November were rescheduled since the last newsletter for Thursday, November 18 and Tuesday, November 30 at 11:30 a.m. At the time of this printing, there was still space available for the November 30 date. Please call The Manor front desk to participate. The cost is \$5 billed to your Meth-Wick bill.

**Voting—Mayoral Runoff Information**

The runoff election for the mayoral race in Cedar Rapids will be Tuesday, November 30. Independent Living and Custom Care Residents can request Absentee Ballots now from The Manor front desk. Even if you voted absentee for the November 2 election you will need to complete a **new** Absentee Ballot request form.

Linn County Auditor's office must receive the Absentee Ballot request forms by Monday, November 15, at 5:00 p.m.

In-person absentee voting will begin on Wednesday, November 10 (if able) until Monday, November 29, on weekdays at the Jean Oxley Public Services Building on 935 2nd Street SW.

In-person voting on Election Day will take place at the Northwest Recreation Center.

The Meth-Wick bus will run a shuttle on Election Day, November 30. Time TBA.

Woodlands and Arbor Place residents will be served by a bi-partisan voting team.

Contact Eryn with questions at [ecronbaugh@methwick.org](mailto:ecronbaugh@methwick.org) or 319-297-8620.

**E-mail List Reminder**

With continual changes depending on the health of Meth-Wick residents and the community at-large, we have an e-mail list for residents for announcements. If you are not receiving announcements, and would like to, please send your e-mail address to [ecronbaugh@methwick.org](mailto:ecronbaugh@methwick.org) or call Eryn at 319-297-8620.

**Movie & Popcorn: *Queen Bees***

We will continue our socially distanced programming on Friday, November 12, handing out "popcorn to go" at the end of the movie.

Showtime is 1:30 p.m. in Live. Laugh. Learn. Center. While her house undergoes repairs, Helen reluctantly moves into a nearby retirement community temporarily.

A true story inspired this heartwarming and humorous look at life's second act, *Queen Bees*. It is a true story starring James Caan, Ann-Margret, Jane Curtin, Christopher Lloyd, and Loretta Devine. The movie is PG-13 and runs 1 hour 42 minutes.

**Swamp Fox Books Book Review**

Join a representative of Swamp Fox Books in Marion on Tuesday, November 16, to find new titles to read! They will be with us at 2:00 p.m. in Live. Laugh. Learn. Center. This is a perfect opportunity to start holiday shopping!

**Kubb Game**

Kubb is a new and fun yard game! Go to the Live. Laugh. Learn. Center at 2:00 p.m. on Wednesday, November 17 to learn how to play, and/or cheer on the teams!

**Trivia Slideshow Game**

We are eager to try out a new trivia game that includes in a slideshow format, like Jeopardy! Test your trivia skills and get your brain working on Friday, November 19, at 2:00 p.m. in Live. Laugh. Learn. Center for this great game!

**Book Club: *Running Away to Home***

Join the discussion on our latest book Monday, November 22 at 2:00 p.m. in Live. Laugh. Learn. Center. What did you think of *Running Away to Home* by Jennifer Wilson? Next month's book will be distributed at the program – we hope you will attend if you like to read!

**Grocery Shopping Departure 9:00 a.m.**

Grocery shopping for Thanksgiving week will be on Tuesday, November 23. We have moved departure time to 9:00 a.m. to avoid the crowds a bit. Please sign up at The Manor front desk.

## Advent Devotionals Available

The Christmas season is nearly upon us, and the chaplains want residents to know that Advent Devotional Booklets will be available for your use. The booklets will be available at The Manor, Greenwood, and Deer Ridge front desks. Residents in health services areas that would like a booklet may request one directly from the chaplains or by calling the chaplain's office at 319-297-8622.

Advent begins November 28, so we will try to have the booklets for you by November 26. Blessings and peace to you all, as we prepare for this incredibly special time of the year.



## Thanksgiving Eve Worship Services

Are you dreaming of turkey and dressing and all the fixin's yet? We hope so! We also are thinking of the many blessings that we enjoy. We will be expressing our thanks at our Thanksgiving worship service which will take place on Wednesday, November 24.

The schedule is as follows:

- The Manor at 10:00 a.m. in Live. Laugh. Learn Center (Please sign up at The Manor front desk for this service.)
- Arbor Place at 2:00 p.m.
- Woodlands at 3:00 p.m.
- Nesetril Neighborhood at 4:00 p.m.

A form for a gift certificate from Meth-Wick Community. It includes fields for "REDEEMABLE FOR:" with options like Dining, Beauty Salon, Bus Pass, Housekeeping Services, and Sally's Gifts. There are also fields for "To:", "From:", "IN THE AMOUNT OF:", and "Date:". A signature line is at the bottom. A footer contains contact information: "Meth-Wick Community • 1224 13th Street NW • Cedar Rapids, IA 52405 • Life as it should be...".

METH-WICK COMMUNITY

# Gift Certificate

REDEEMABLE FOR:  
 Dining  Beauty Salon  Bus Pass  Housekeeping Services  Sally's Gifts

To: \_\_\_\_\_

From: \_\_\_\_\_

IN THE AMOUNT OF: \$ \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_  
Authorized Signature

Meth-Wick Community • 1224 13th Street NW • Cedar Rapids, IA 52405 • Life as it should be...

**Remember** – Gift certificates are available at The Manor front desk for that hard-to buy-for resident this holiday season.

## Life at Meth-Wick Mailing List Procedure Change

For quite some time, the first two emergency contacts of incoming residents have been added to *Life at Meth-Wick* mailing list. This will no longer happen. We are happy to send the newsletter to anyone you like, but it will not happen automatically. If you would like someone to get the newsletter – contact Michelle Christophersen at 319-297-8618 or email [mchristophersen@methwick.org](mailto:mchristophersen@methwick.org). Also – please do not hesitate to contact Michelle if you want her to remove you from the list.

You may also find the newsletter online through our website. Each issue is uploaded on the day it comes out, so it is timely.

We apologize to those who have not wanted the newsletter. We do not automatically remove anyone as we have no way of knowing all the relationships involved with a particular person.

## Live Trees and Wreaths are Not Allowed Indoors

It is that time of year when we will begin to decorate for Christmas. We cannot hang any live greenery in our buildings. If you put a live wreath on your condo or apartment door, we will have to ask you to take it down.

## Holiday Preparation? Think Sally's Gifts

Decorating for Thanksgiving or Christmas? Look at items in Sally's Gift's. Individual cards for each holiday and boxed Christmas cards are out for purchase now. Thanksgiving décor is out, and Christmas décor will be added in the middle of November. New jewelry and purses may be of interest along with all the other items as you prepare for the holidays.



**Sally's Gift Shop Hours:**  
Monday – Saturday 9:30-11:30 a.m.  
Monday – Friday 1:30 – 3:30 p.m.

## **Congratulations to Johni Hays, J.D., FCEP Recently Promoted through Thompson & Associates**

“September 1, 2021 - Thompson & Associates promoted Johni Hays to Executive Vice President.

Celebrating ten years of dedicated service to Thompson & Associates, Johni enjoys facilitating the Thompson process helping people figure out what they need in an estate plan and pulling together all the pieces, so individuals have peace of mind.

In her role as Executive Vice President, Johni frequently lectures on a national basis to groups on estate and charitable planning, probate, living wills, annuities, life insurance, retirement planning and IRAs, as well as income, estate, and gift taxation. She loves partnering with her nonprofit clients, Iowa United Methodist Foundation, Mercy Hospital Foundation, Memorial Hospital Foundation, UnityPoint Health - St. Luke's Foundation, Bryan Health, and Meth-Wick Community in Iowa, Indiana, and Nebraska.

Johni is also an accomplished writer and brings three decades of legal knowledge and experience to the team. She earned her bachelors and law degree from Drake University in Des Moines, Iowa.”

Johni has been collaborating with us at Meth-Wick since 2013. Several residents are currently working with Johni and over these past eight years she has worked with over seventy estate plans with individuals or couples. Most of the estate plans have been with residents but several staff members, board members and waiting list people have benefited as well. Johni comes to Meth-Wick monthly.

Johni's estate planning is a service provided at Meth-Wick and there is no charge. If you would be interested in a review of your estate plan, developing an estate plan or simply have questions, feel free to contact Teresa Dusil at 319-297-8603 or [tjkdusil@methwick.org](mailto:tjkdusil@methwick.org) – who can connect you with Johni when she is on campus.

## **2021 Employee Longevity Awards**

Each year we recognize employees in five-year increments with a bonus. Congratulations to the following...

### **5 years**

Connie Allard, Human Resources Assistant  
Deb Anson, Manor Cook  
Elaine Bangs, Laundry Aide  
Theodore Bosenge, Arbor Place Care Giver  
Drew Hebert, Sodexo General Manager  
Dawn Jackson, Custom Care Care Giver  
Chris Johnson, Utility  
Teresa Minnis, Arbor Place RN  
Sharon Mulholland, Woodlands Housekeeper  
Sydney Pardonek, Foodservice Worker  
Tawanna Reyes, Custom Care CNA  
Cindy Scott, Home & Health Clinical Nurse  
Manager  
Diane Shaffer, Laundry Aide  
Brenda Steinert, Manor Housekeeper

### **10 years**

Keagan Christensen, Home & Health Operations  
Coordinator  
Sandy Hyke, RidgeWoods Housekeeper  
Nick Rehnstrom, Groundskeeper  
Kristin Van Dyke, Fitness Specialist

### **15 years**

Janet Coon, Manor Housekeeper  
Sulema Kimbro, Woodlands Diet Aide  
Carolyn Nelson, Arbor Place CNA  
Komi Tshiana, Woodlands LPN

### **20 years**

Eryn Cronbaugh, Director of Wellness &  
Recreation  
Nancy Engen, Sodexo Administrative Assistant  
Jan Hoekstra, Hairstylist  
Oretha Kollie, Woodlands CNA  
Billie Snider, Stewart Household Coordinator

### **25 years**

Tim Pendergast, Facilities Director  
Cindy Robertson, Social Worker

### **30 years**

Dianna Johnson, Server

### **40 years**

Teresa Dusil, Director of Operations



1224 13th Street NW  
Cedar Rapids, IA 52405

**Return Service Requested**

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52401  
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**In Memory:**

**Ruth L. Streed**

November 30, 1917 – October 26, 2021

*Ruth moved to Meth-Wick in October of 2001*

**Patricia A. Charipar**

March 17, 1931 -- November 8, 2021

*Patricia moved to Meth-Wick in January of 2021*

**Linda Grote**

March 23, 1943 – November 8, 2021

*Linda moved to Meth-Wick in January of 2021*

**Team Meth-Wick Raises \$6600!**

Congratulations to Team Meth-Wick – who raised \$6,600 for the Alzheimer’s Association. The 2021 Walk to End Alzheimer’s was Saturday, October 23, and began and ended at the McGrath Amphitheatre. Meth-Wick residents and employees were led by team captain, Katie Christiansen.

Thanks to all those who supported bake sales and casual days throughout the year as well as for all the donations and walkers! Team Meth-Wick is in first for its category!

**Drivers Needed!**

We would love more Red Cap drivers! If you would like to drive your fellow residents from building to building on the Meth-Wick campus, please contact our new Red Cap scheduler, Janet Blackledge, at 319-361-0871. This volunteer opportunity might be for you!

Thanks to Jena Hamilton for doing the scheduling for so many years! It is appreciated!

**Orchestra Iowa Concert Transportation**

Are you planning to ride the bus for the Orchestra Iowa concert on Saturday, November 20? Please make sure to confirm or cancel your ride with Eryn as soon as possible. The bus will depart at 6:30 p.m.

**Save The Date: Tech Time Monday the 29th**

Mark your calendar if you have tech questions to bring your fully charged device to Live. Laugh. Learn. Center at 2:00 p.m. on Monday, November 29 for small group and individual instruction.