



Arbor Place

Brendelwood Village

Deer Ridge

Greenwood Terrace

Highland Park

Oakwood

The Manor

The Woodlands

Robin Mixdorf
President

Ruth Nebergall
Board Chair

Teresa Dusil
Editor

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Life AT METH-WICK

Legacy Gifts and Many Wishes Granted

Thank you to many donors who have supported the Arbor Place Restyle project, Woodlands Specialty Suites, The Wick, Sears and Powell Foundations and other projects this month.

Wishes granted include...

- Meth-Wick logo scrubs for Home and Health employees by Dorothy Pool
- Phone charging stations for each neighborhood at The Woodlands plus the breakroom by Ken White
- Two more televisions for The Woodlands by Juanita Dennert
- A smoker oven for The Manor kitchen by Verla Rammelsberg as well as uniforms for employees at The Woodlands
- Bottle-less water dispenser for Manor Brew – Dave and Connie Mills
- Christmas deer with LED lights by Donna Jewell
- Two Christmas deer with LED lights by Mary Jo McAllister
- Funds for Employee Enrichment program by Don & Judy Teply

Election Day Transportation

If you are voting in-person on Election Day, Tuesday, November 2, and would like a ride to the polling place -- please sign up at The Manor front desk to ride the bus to the Northwest Rec Center. The bus will depart at 10:30 a.m. to head to the Rec Center. Please call Eryn with any additional questions.

Bottle-less Water Dispenser at Manor Brew

Have you noticed something new in The Brew? A bottle-less water dispenser is now available. It is connected to the water line so that it does not have to be filled by anyone and will not get contaminated. Give it a try – perfect after exercise class!

Volunteer Opportunity

We are looking for a scheduler for our Red Cap Transportation System. We are so grateful to Jena Hamilton for the many years she has scheduled our drivers! If you think you'd be interested in this volunteer opportunity, please contact Eryn for more information.

Reminder: Mandatory dialing of 319 becomes effective October 24, 2021. It has been effective for Manor, Woodlands, and Arbor Place since the 13th.

The next issue of *Life at Meth-Wick* will be Friday, November 12. Information should be in writing to Teresa Dusil Friday, November 5.

You can do so through campus mail or email at tjkdusil@methwick.org

Life at Meth-Wick comes out on the 2nd and 4th Fridays of each month.



Thank you, all my good friends, for remembering my ninety-second birthday with beautiful cards.

Shirley Jennings

Thank You-Thank You!

Flowers, food, phone calls, birthday cards, Happy Grams, special birthday party from third floor Tower A, greetings, what more could one ask for to celebrate birthday 99! Also, I want to say thank you to God for the special blessing of a wonderful life for my family and friends. And God Bless Meth-Wick employees and residents who have made my home for 30+ years a special place to live.

Juanita Dennert



Daylight Saving Time Ends
November 7.
It is time to fall back one hour!

Remember to set your clocks!

Welcome

Carol Davidson will be making her new home at Manor 221 on October 27.

Carol was born in Iowa City, IA. She attended school there and graduated from City High. Carol earned a degree from University of

Iowa in sociology and a minor in business. Carol worked at System Works in Marietta, GA for several years teaching several consumers how to use various computer systems. Carol traveled often during her eight years as a trainer.

Carol married Joe Davidson in 1955. The couple moved to Ohio but returned to Iowa when Joe was able to gain employment at Rockwell Collins as an engineer. The couple have two children. Julie of Washington D.C. and Jeff of Perry, IA. Carol is very proud of her children and their success in their careers. Joe passed away in 2015.

Carol is a Catholic member of Immaculate Conception Church. She enjoys reading and playing cards. She is a member of Thursday Noon Optimist and Pi Beta Phi.

Another Gift Idea from *Sally's Gifts*

Do you drink wine? Would you like a unique stopper to use when serving your wine? If so, *Sally's Gifts* has something for you to consider. Kevin Stodola, who makes the derecho pens sold at Sally's, also makes wine stoppers. The wooden stoppers may be derecho wood but might also be from other sources and there are also plastic stoppers. Kevin purchases "blanks" that can be worked into beautiful pieces on his lathe.



Wine stoppers will be offered at *Sally's Gifts* for \$25.00. The stopper is used for serving not for storage, so use your normal storage method if there is any wine left to store!

***Sally's Gifts* Inventory Reduction Sale**

Where: Toussaint Room

(next door to the Key Club at The Manor)

Look at the listed price of the item, then get a discount!!

When: 10:00 a.m. – 5:00 p.m. each day

November 3rd, 50% off

November 4th, 60% off

November 5th, 70% off

Come early and shop for best selection, shop at the end of the sale and get great bargains with fewer choices available or shop every day!

Bridge Games at The Manor

You are invited to play Bridge on the first and third Mondays of each month at 1:00 p.m. in Wick Dining. Residents all over campus are welcome to come. Mark your calendars for these Mondays if you want to play.

Program Updates:**By Eryn Cronbaugh (297-8620)****Director of Wellness and Recreation****Email: ecronbaugh@methwick.org****Red Cedar Chamber Music:*****Licorice Schtick***

It is always a great day when Red Cedar Chamber Music is on campus and today, October 22, is one of those days! Their performance, *Licorice Schtick*, is at 2:00 p.m. in Live. Laugh. Learn. Center. Signing up to attend is required. Please call The Manor front desk to check on space.

**Bus Trip To Bloomsbury Farms—
POSTPONED**

Unfortunately, we've made the decision to postpone our bus trip through Bloomsbury Farms for our independent living residents on Monday, October 25. We hope to reschedule it soon and will contact everyone who had signed up.

Book Club

Meth-Wick Book Club will meet Monday, October 25, in Live. Laugh. Learn. Center. We will gather at 2:00 p.m. to discuss the current book and pick up a new one for our November read.

Movie & Popcorn: *Audrey*

Our movie for Wednesday, October 27, will be *Audrey*. Join us at 1:30 p.m. in Live. Laugh. Learn. Center for the movie and a treat to take home with you. (We are trying to avoid programming where eating and drinking occur, in order for everyone to remain masked at all times.)

The movie is a documentary about an actress, humanitarian, who was recognized as a film and fashion icon, Audrey Hepburn. It runs 1 hour and 41 minutes and is unrated.

Cooking Class Lunch UPDATE

The Cooking Class Lunch scheduled for Thursday, October 28, is canceled. The next two Cooking Class Lunches will be on Thursday, November 11 and Tuesday, November 30. We will first call everyone who had been signed up and others can call beginning November 4 at 8:00 a.m. to see if there is room for reservations for any additional spots. Please call Eryn with any questions.

Brain Benders: Come to Live. Laugh. Learn. Center at 2:00 p.m. on Wednesday, November 10, for our next Brain Benders class!

Movie: *Queen Bees*

Our matinee for Friday, November 12, is *Queen Bees*, which comes via resident request. Showtime is 1:30 p.m. in Live. Laugh. Learn. Center.

While her house undergoes repairs, Helen reluctantly moves into a nearby retirement community temporarily. Once at Pine Grove Senior Community, she encounters feisty widows, cutthroat bridge tournaments and a group of bullying mean girls that reminds her of high school and has her yearning to go home. But somewhere between flower arranging and water aerobics Helen discovers that it's never too late to make new friends. A heartwarming and humorous look at life's second act.

Queen Bees is inspired by a true story also starring James Caan, Ann-Margret, Jane Curtin, Christopher Lloyd, and Loretta Devine. The movie is rated PG-13 and runs 1 hour 42 minutes.

Happy Halloween!

Enjoy a Halloween cookie and punch to go on Friday, October 29. Stop by Live. Laugh. Learn.

Center and pick up your Halloween treat for a quick pick me up between 2:00 and 3:00 p.m.



BINGO: We will play BINGO again Monday, November 8, at 2:00 p.m. In Live. Laugh. Learn. Center. Please sign up at The Manor front desk as space is limited.

Nutrition Connection – Spices & Herbs

Because our talk was postponed in October, we will use the same topic in November! Join us at 2:00 p.m. in Live. Laugh. Learn. Center on Tuesday, November 9.

**Thank You Veterans!**

In honor of Veteran's Day, you are invited to enjoy cinnamon rolls at Manor Brew on Thursday, November 11. Enjoy a roll in The Brew with a cup of coffee or tea or grab one to go!

Rolls will be ready beginning at 8:00 a.m.



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Betty R. Scheible

October 23, 1921 –
October 17, 2021
*Betty moved to Meth-
Wick in December of
2003*

Cedar Rapids Bank and Trust

Remember, Meth-Wick is a branch location for Cedar Rapids Bank and Trust! That means you can access banking services each month from the comfort of Meth-Wick! CRB&T representatives come on the first Wednesday of the month (which will be November 3) as follows:

- 9:00 Deer Ridge Lobby Area**
- 9:30 Greenwood Terrace Nurse Office**
- 10:00 Knapp Conference Room (Manor)**

They are willing to help with all your banking needs!

Concert Transportation:

A real perk for concert goers at Meth-Wick is the fantastic transportation offered door to door. No worries about parking, bad weather or long walks to the car. Contact Eryn for details.

▪ **Orchestra Iowa Pops Concert**

If you are planning to ride the bus for the Orchestra Iowa Pops Concert on **SATURDAY, OCTOBER 30**, please confirm your ride with Eryn at 319-297-8620 or ecronbaugh@methwick.org. The bus will depart at 6:30 p.m.

▪ **Community Concert**

If you are planning to ride the bus for the Community Concert on **MONDAY, NOVEMBER 1 OR WEDNESDAY, NOVEMBER 10**, we ask that you also confirm your ride with Eryn at 319-297-8620 or ecronbaugh@methwick.org. The busses will depart at 6:30 p.m. for both concerts.